

Dear friends and colleagues,

What started as a group of friends interested in IBD has grown into a professional organization with more than 230 members, including physicians, nurses, clinical trial assistants, and researchers. The evolution of BIRD can also be seen in the BIRD office, which has grown significantly in the past few years. Our goals have also evolved to include education as a central point, reflected by increasing educational activities (e.g. Good Clinical Practices course, Biostatistics course, E-learning platform, BIRD symposia).

As from this year, we want to rethink the idea of having 2 BIRD symposia per year. Instead, we are launching a new concept that includes one 2-day BIRD congress in November and several smaller events that answer specific needs of the IBD community (e.g. GCP course, Evidence Based Medicine course, and Biostatistics course). The 2-day BIRD 2022: First Annual Congress in the afternoon of Friday 18 and the morning of Saturday 19 November will provide insights into the most important updates from the past year, including the best of the major international congresses: ECCO, DDW and UEGW. In this congress, we also want to address the major evolutions in IBD and provide an up-to-date vision of the state of the art. In the workshops, we will provide more practical information about specific aspects of IBD care.

Finally, on a social note, the BIRD 2022: First Annual Congress will include a fantastic networking event on Friday evening, where all participants, BIRD members and BINastoria members can get to know each other in a more informal setting in a great location.

For our BIRD 2022: First Annual Congress, we have chosen a top location: Kursaal Oostende!

We sincerely hope to see you all at the first BIRD congress and at the networking event on Friday evening!

See you then!

Kind regards,

Filip Baert • Triana Lobaton • Lieven Pouillon • João Sabino • Michiel Somers • Jolien de Rechter • Eveline Hoefkens • BIRD Office

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BIRD

BELGIAN INFLAMMATORY
BOWEL DISEASE RESEARCH
AND DEVELOPMENT

BIRD 2022: FIRST ANNUAL CONGRESS

18-19 November 2022

BIRD CONTACT

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KURSAAL OOSTENDE



register on
www.bird-congress.be

Program BIRD

The general language of the Congress will be English.

FRIDAY 18 NOVEMBER 2022

01:30 PM - 02:00 PM	Welcome - Coffee
02:00 PM - 02:05 PM	Welcome by the BIRD president
02:05 PM - 03:20 PM	SESSION 1 : COMORBIDITIES IN IBD
02:05 PM - 02:30 PM	IBD in oncology: to treat or not to treat
02:30 PM - 02:55 PM	Cardiovascular complications in IBD and impact on the treatment choices
02:55 PM - 03:20 PM	Short Bowel in IBD: size does matter
03:20 PM - 03:50 PM	Coffee break & exhibition
03:50 PM - 05:15 PM	SESSION 2 : JUST ARRIVED
03:50 PM - 04:15 PM	Monitoring IBD with IBUS
04:15 PM - 04:40 PM	Positioning of new treatments in 2022: (ozanimod, risankizumab, upadacitinib, filgotinib)
04:40 PM - 05:05 PM	Surgery in UC: to do or not to do? Case-based discussion
05:05 PM - 05:15 PM	Closing remarks day 1
07:00 PM - 12:00 AM	NETWORKING EVENT

SATURDAY 19 NOVEMBER 2022

09:00 AM - 09:05 AM	Welcome words
09:05 AM - 09:50 AM	WORKSHOP SESSION A
09:05 AM - 09:50 AM	How to use the new molecules (upadacitinib, ozanimod, risankizumab) in clinical practice?
09:05 AM - 09:50 AM	How and when to switch to SC alternatives (infliximab, vedolizumab)?
09:05 AM - 09:50 AM	How to optimize the peri-operative approach of my IBD patient?
09:50 AM - 10:05 AM	Switch rooms
10:05 AM - 10:50 AM	WORKSHOP SESSION B
10:05 AM - 10:50 AM	How to use the new molecules (upadacitinib, ozanimod, risankizumab) in clinical practice?
10:05 AM - 10:50 AM	How and when to switch to SC alternatives (infliximab, vedolizumab)?
10:05 AM - 10:50 AM	How to optimize the peri-operative approach of my IBD patient?
10:50 AM - 11:10 AM	Coffee break and exhibition
11:10 AM - 12:10 PM	SESSION 3: BEST OF 2022
11:10 AM - 11:35 AM	New in UC: Best of ECCO/DDW/UEGW '22
11:35 AM - 12:00 PM	New in CD: Best of ECCO/DDW/UEGW '22
12:00 PM - 12:10 PM	Closing Remarks Day 2
12:10 PM - 01:10 PM	Lunch and Exhibition

Program BINAstoria

The talks will be presented in French or in Dutch, but simultaneous translation to Dutch/French is foreseen.

SATURDAY 19 NOVEMBER 2022

09:00 AM - 09:30 AM	Welcome - Coffee
09:30 AM - 09:35 AM	Welcome by BINAstoria
09:35 AM - 10:50 AM	SESSION 1: MONITORING OF IBD PATIENTS: TO FLARE OR NOT TO FLARE?
09:35 AM - 10:00 AM	Anxiety and depression in IBD
10:00 AM - 10:25 AM	Role of biomarkers in IBD (CRP/calpro/ trough level)
10:25 AM - 10:50 AM	The IBD patient with symptoms but without a flare: alternative causes and practical approach
10:50 AM - 11:10 AM	Coffee break & exhibition
11:10 AM - 12:00 PM	SESSION 2: NEW ARRIVALS
11:10 AM - 11:35 AM	New players in the management of IBD: filgotinib/risankizumab/ ozanimod/upadacitinib
11:35 AM - 12:00 PM	Switching patients from IV to SC medication
12:00 PM - 01:15 PM	Lunch and Exhibition
01:15 PM - 02:30 PM	ROUND TABLE DISCUSSIONS LED BY FELLOW NURSING STAFF IN DUTCH/ FRENCH
01:15 PM - 02:30 PM	Vaccines and IBD
01:15 PM - 02:30 PM	Pediatric transition to adult IBD clinic
01:15 PM - 02:30 PM	Role of IBD-nurses in multi-disciplinary team meetings
02:30 PM - 03:00 PM	Farewell Coffee

Please note that the program and program timings might be subject to change due to unforeseen circumstances.